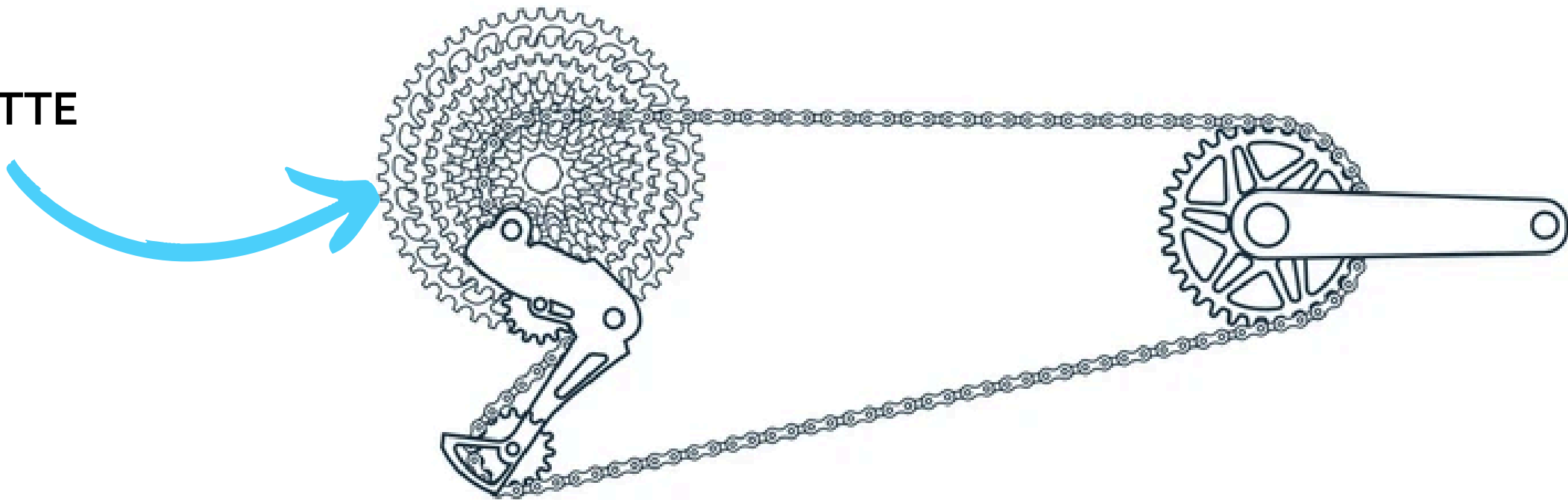


TURBO TRAINER HIRE GUIDE

IDENTIFYING WHICH CASSETTE

THIS IS A CASSETTE

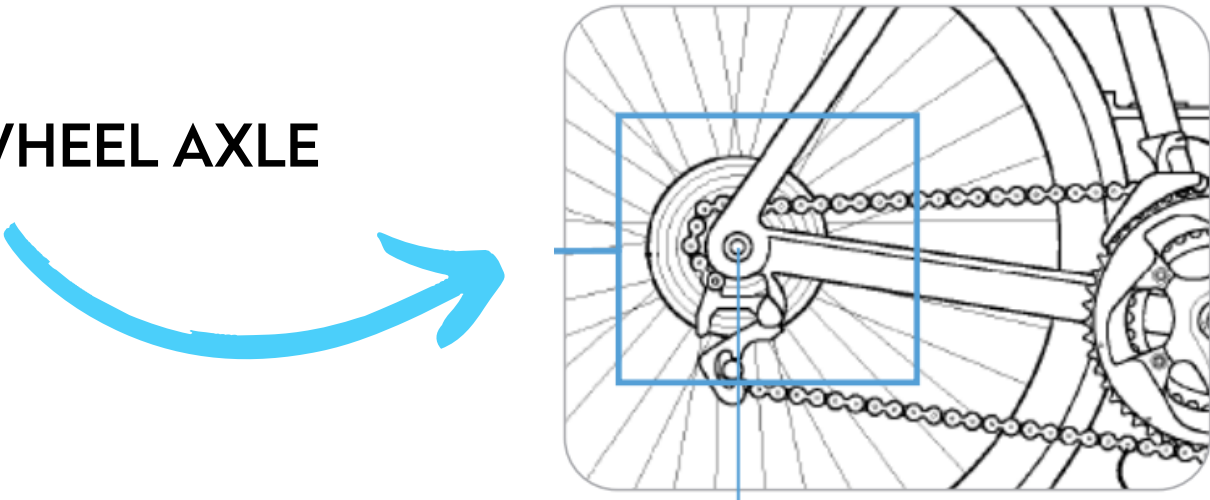


You might call them cogs, sprockets or gears. Together the group of them at the center of your bike's back wheel is called a [cassette](#).

To know which cassette option you need, [count the number of cogs](#) on your rear wheel.
For example, if you have 10 cogs on the rear of your bike, you'll need the 10-speed cassette option.
Our Direct Drive turbo trainers can be ordered with an 8, 9, 10, 11 speed cassettes.

IDENTIFYING REAR WHEEL AXLE

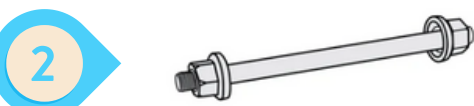
THIS IS A REAR WHEEL AXLE



The first step is to identify your bike's axle type. There are 3 main types of axles:



[Quick Release Axle](#)
The most common type of axle. The quick release axle has a lever that clamps the axle in place with an acorn nut on the opposite end.



[Bolt-On Axle](#)
The bolt-on axle has a hex nut on both sides. It is common on fixed gear and single speed bicycles, as well as internally-geared hubs.



[Thru Axle](#)
Thru axles are thick and hollow. They are common on newer bicycles with disc brakes, especially mountain bikes.

If your bike has a [Thru Axle \(option3\)](#) then you need to identify the length of the adapter and also the thread pitch

